



Health Policy

Aim

In Early years we are committed to maintaining high standards of hygiene. The continued good health and wellbeing of the children is of primary importance to us. We will follow our health policy exactly at all times.

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
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Implementation of the policy

The Headteacher, EYFS Leader, Senior Management, and Governors must:

- update and implement the latest Environmental Health Department and Health Authority requirements and recommendations relating to the premises, staff and children.
- appoint a suitably-qualified, named member of staff who is responsible for updating the policy and keeping a list of notifiable diseases.
- make sure that new members of staff, including students and volunteers, receive copies of the Health & Safety Policy, and that this is discussed with them during their induction meeting.
- ensure that the Health & Safety Policy is made available to parents.
- Staffordshire County Council ensure the Cleaning of the school.
- ensure that the premises are clean and tidy before the children arrive.
- ensure that the outside sandpit contains suitable sand that is cleaned and changed regularly, is free from foreign bodies and small animals, and that it has a cover.
- ensure that the routine cleaning of the premises does not take place while children are engaged in their activities.
- establish a regular rota for cleaning equipment both large and small, furniture, toys, etc.
- provide protective clothing, such as plastic or disposable gloves and aprons.
- provide hygienic, but safe, cleaning materials for emergencies spillages/accidents/water/vomit.
- wash dressing up clothes/display drapes/tablewear.
- provide sufficient and suitable hand washing and drying facilities.
- provide washing and drying facilities for dirty or soiled clothing.
- provide an adequate selection of clothing to change children who have had accidents of any description.
- provide tissues for sole use.
- provide cups/plates/bowls/cutlery.
- actively promote good health and hygiene practice.
- invite visiting speakers to talk to children and carers about healthy life styles.

Hygiene

- We observe good practice in matters of hygiene at all times.
- We encourage children to use the toilet correctly.
- We check that toilets are clean, hygienic and flushed regularly.

- We encourage children to wash their hands regularly, especially before handling food, after using the toilet, handling animals, plants and insects, or playing in messy or dirty areas, particularly out of doors.
- We encourage children to blow their noses into tissues and dispose of these correctly.
- We encourage children to place their hands over their mouths when they cough or sneeze.
- We teach children to respect the cultural differences that influence people's different attitudes to hygiene.
- We wipe surfaces and tables between activities.
- We teach children hygiene awareness through planned and spontaneous discussion, routines, planned activities and topics.
- We have a fridge thermometer to ensure the fridge is at the correct temperature all the time.

Handling food

- We offer staff who are involved in the preparation and handling of food appropriate training to comply with local environmental health department guidance and regulations.
- We have 4 members of staff who hold a current food hygiene certificate.
- We monitor and assess food preparation and handling procedures
- We keep food preparation areas clean and hygienic.
- We encourage children to eat a healthy and well-balanced diet, by providing fruit, milk and fruit juice for snack time

First Aid

- In Early years we have 3 designated members of staff responsible for administering First Aid, and we always take a Paediatric First aider on outings outside school. They hold a current Paediatric First Aid certificate. We also have 4 other people who are capable of covering in the temporary absence of the first aider.
- First Aid Boxes are clearly posted, identifiable and accessible to all staff.
- First Aid boxes are replenished regularly.
- We only use supplies in sealed packages.
- We always use disposable gloves.
- We provide suitable bins for the disposal of soiled materials.
- We keep an up-to-date Accident Book for both staff and children which is available to parents. It includes details of the names of the child(ren), time, date, location of the injury and nature of the accident. It also includes details of the circumstances, any witnesses (and whether these are adults or children), what subsequent action was taken and by whom. Any minor injuries are told verbally to parent/carer and are not recorded.
- In the case of a serious emergency we will call an ambulance. If a member of staff's car has to be used it will be covered by the correct insurance and have seat belts. A second member of staff will always accompany the child.
- We will inform parents immediately if an accident occurs.
- We hold permission from all parents which includes the following information:

Child's name

Date of birth

Parents' names

Emergency contact details

Details of past and present medical conditions

Allergies

Parental wishes

Consent signature of a parent to allow staff to make decisions regarding the child's welfare if the parents cannot be contacted.

Sick children and medicine

- We make every effort to keep abreast of new information relating to infectious, notifiable and communicable diseases and local health issues.
- We isolate a child if we feel that other children or staff are at risk.
- We contact parents to take children home if they are feeling unwell/being sick/have diarrhoea/have had an accident/may have an infectious disease.
- We ring emergency contact numbers if the parent or carer cannot be reached.
- We make every effort to care for the child in a sympathetic, caring and sensitive manner.
- We respect the parents' right to confidentiality.
- We keep other parents informed about any infectious diseases that occur.
- We expect parents to inform us if their child is suffering from any illness or disease that may put others at risk.
- We administer life-saving prescription medicines for asthma/diabetes/epilepsy with written permission.
- We keep a record of how much and how often a child needs his or her medication.
- We store medicines out of the reach of children.
- Training is provided for staff where the administration of medicine requires medical or technical knowledge.
- We require children to bring hats to wear outside during periods of hot and sunny weather.

Smoking

- Staffordshire County Council have a no smoking policy. We display notices and posters around the school to inform staff and visitors of this policy.
- Anyone who smokes on the premises will be politely asked to leave.

Links, References and Regulations

Links to other policies

- Suitable Person
- Organisation
- Care, Learning and Play
- Physical Environment
- Safety

- Food and Drink
- Equal Opportunities
- Special Needs
- Working in Partnership with Parents and Carers
- Child Protection
- Whole school healthy school policy
- Documentation

Children Act Regulations relating to our policy

A record must be kept of all medicines administered to children.

OFSTED must be notified of any infectious disease that a qualified medical person considers notifiable.